

Hi [Name],

Thanks for being there for me. As a supporter, it's important we can communicate well. Here are a few things about me that you should know to help communicate best.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Here are some examples of what some things another Decision Maker might tell or ask their Supporter:

- .....
- 1. Direct questions:** Big, open-ended questions can be hard for me. It's easier when you ask me clear and simple questions.
  - 2. I like Examples:** Sometimes, I understand better when you give me examples. This helps me see how things work in real life.
  - 3. I do better with time:** I need time to think over my choices. Please don't rush me, I want to make sure I'm making the best decisions.
  - 4. Visuals are very important for me:** I do well when I can read and see my options. Lists, pros or cons, pictures, or diagrams could be really helpful.
  - 5. Repetition:** I like to go over things more than once. I might ask you to repeat things to make sure I've got it right.
  - 6. I really need patience:** Sometimes I might take a little while to get something. Please be patient with me when this happens.



